



Home Office Sales: 326 First St. Annapolis, MD 21403 [info@bayacht.com](mailto:info@bayacht.com) 410-263-2311  
Charter/Courses: 222 Severn Ave. Annapolis, MD 21403 [info@lets gocruising.com](mailto:info@lets gocruising.com) 410-263-1818

## Getting ready for your Caribbean or warm weather cruising vacation...

Here are some thoughts from our staff to get you started.

### *Stuff the boat has you don't need to worry about.*

- All cooking and eating implements/utensils
- Virtually all boats have fans and at least dockside A/C--check
- Barbecue grill--you will need to get charcoal and lighter at the market (in the Islands--no problem)
- Full snorkel gear
- Full linens for berths and towels, etc.
- Basic first aid kit on board--nothing fancy.
- Flashlights, basic tools
- Ice/water/fuel to start. You may need to supplement Ice and water along the way. There is electric refrigeration, but normally you will not be able to make ice (cubes).
- Ice pick/Cork screw, sharp knives etc.
- Deck (portable) ice chest
- Binoculars, Nav. Equipment--normally incl. GPS but ask if in doubt.
- Stereo—things change, ask about compatibility with your storage medium



### *Stuff you need to bring...*

Personal clothes, preferably, in a soft duffel

#### *Include:*

- Lots of shorts and light shirts/tops
- Long sleeve, cotton cover up for first couple of days
- More than one bathing suit
- Hat with wide brim AND restraining tie of some kind
- Ladies--hair ties for long hair
- Thongs or sandals
- One light windbreaker/foul weather jacket
- One sweater for cool evening breezes
- Cosmetic/shaving kit
- Pack a small carry on tote bag with everything needed for 2 days (in case your luggage gets lost!) Include your cosmetic/shaving kit.

#### *Misc.*

- Passport – If out of country or VI, drivers license for each crew member otherwise.



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- CD's, or Ipod – Check on compatibility of on-board system or bring amplified speakers for anywhere on deck or below,
- Cell phone and charger.
- Digital? Camera and film—still using that stuff? (expensive in the Islands)
- Small, personal flash light (attach with clip to duffel bag--helps you find stuff at night without disturbing other guests.)
- Sun screen, oil less type--(expensive in the Islands) Some with SPF 15 or higher.
- Insect repellent
- At least one pair of sun glasses. With Krokes (string)
- Glasses plus spare. Contact lenses
- Safety cord for hat (West Marine or Fawcett)
- Beach towel--Bath towels on board are a little on the small side.
- Personal prescription or other medications.
- Book(s)
- Star finder--fun at night (In the nets on the Catamarans!)
- Bring an extra duffel bag folded up inside the regular one--to use as a beach bag, and for extra gifts etc. on the trip home.
- Sailing gloves if you're used to using them.
- Small can of spray lubricant--good for any thing that gets sticky or stuck!
- Duct tape
- Cards, games
- Computer if you must--normally 12V. plug and an inverter is available--but check ahead.
- I like to bring an insulated, 4 cup French Press to supplement the perc coffee pot on board.
- Eric--I bring a portable boom vang setup to use as a barber hauler for the Jib.
- Portable GPS--mostly for fun and to show guests where you are. Virtually all boats have a plotter.

***If you have from another trip bring, if not purchase:***

Waterproof guide to tropical fish and reef life

Waterproof camera (disposable ones now available.)

***Other thoughts...***

Summer wear from bathing suits to cotton wraps, etc. can be purchased relatively inexpensively at the numerous shops scattered through the Islands--don't get resort wear at dept. stores!

*Go to a tanning saloon every other day for at least a couple of weeks prior. Have children in your party? Plan a treasure hunt in advance! See our Web page at: [www.bayacht.com/treasure.htm](http://www.bayacht.com/treasure.htm)*

*Someone in your party should put together a medicine bag with:*

- Diarrhea & Constipation medicine
- Antihistamine/cold medicine
- Aspirin equivalent
  
- Antibiotic crème
- Cortisone crème
- Sunburn lotion (Pain killing type.)



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- Extra large band aids and elastic wrap
- Tweezers, nail clippers a needle (for slivers)
- Start with a standard kit and supplement
- Seasick medications. Electronic wrist strap (Relief Band—West Marine or on-line about \$100) seems to be most effective with no side effects!
- Prescription medications



#### ***What's cool with the Sailing crowd:***

- Rolex watches
- Dedicated Boat shoes, not sneakers
- No socks (with boat shoes) (Or, no shoes at all--we often get to the 4<sup>th</sup> day or so when we finally get to a nice restaurant and everyone is looking for the shoes they haven't seen in 4 days!
- The current cool sun glasses (and retainer)--you'll know which ones after you see them--maybe you can get them locally.
- The current cool shorts
- Polo shirts with the name of some race or boat on them.
- A Red, Mount Gay baseball style cap.

#### ***Un-cool...***

Sneakers with dark colored socks.

A sunburn

Hard luggage

#### ***Great finds in the Islands--for yourself or gifts***

- Bright colored wraps for Women
- Spices and packages of spices
- Small crafts, and/or paintings--locally done
- Swim suits and gauzy cotton wear of all kinds--often locally painted or dyed. (It's always amazing that what looked perfect after 4 or 5 days in the Islands, looks a little too wild and colorful when you take it out next summer at home!

#### ***When shopping, don't forget...***

- Except for Belize--you can pretty much get anything you can in a U.S. style Super Market
- Any of the above you've forgotten! (Insect repellent, etc.)
- Charcoal and lighter
- TP and lots of paper towels. Disposable dinner ware if you prefer.
- Candles (Citronella) for the table.
- Matches or lighter—usually on board, but not guaranteed
- Coffee and condiments
- Salt/pepper and condiments

Please feel free to E-mail us to add anything we've forgotten! [Esmith@bayacht.com](mailto:Esmith@bayacht.com) 410-263-2311 X222